



# **CMU MARCHING BAND CAMP**

## **CODE OF CONDUCT**

### **MEDICATION INSTRUCTIONS**

## **MARCHING BAND CAMP CODE OF CONDUCT**

As a student member of the Anchor Bay Instrumental Department, it is understood that:

1. Students will NOT be allowed to pack any drinkable liquids in their carry on or suitcase (i.e. - bottled water pop, etc.). Bottled water will be provided for each student for the bus ride to CMU. There will be opportunities for students to purchase additional beverages at a rest stop enroute.
2. No TV's, video game systems (i.e. – Wii, PlayStation, etc.), or laptop computers. Handheld systems (i.e. – Nintendo DS) are acceptable.
3. Shirts and shoes must be worn in the cafeteria. Food may not be removed from the cafeteria.
4. The residence halls will be closed at 10:00 p.m. Participants must be inside the halls by the designated time.
5. All campers should be in their rooms at 10:30 p.m. Pizza should be ordered by 10:00 if desired. No pizzas can be delivered after 10:30 p.m.
6. Use or possession of alcoholic beverages, illegal drugs, fireworks or other explosives, dangerous weapons or substances, whether on or off campus, is prohibited.
7. Tampering with fire alarms, fire-fighting equipment, elevators, or other safety and security equipment is prohibited. The burning of candles is also prohibited.
8. Intentional damage or theft of University or personal property is prohibited. Disciplinary action will include financial compensation for such damage or theft.
9. All campers are required to attend all scheduled events (including - breakfast, lunch, dinner, sectionals, etc.). In addition, the students must eat at all meals.
10. Campers are not permitted to visit the floors of members of the opposite sex.
11. Campers may not leave the CMU campus or designated boundaries at anytime.
12. Excessive noise and "horseplay" is to be avoided at all times.

13. Dress at outdoor activities should be modest and suitable for long hours in the sun. Low-cut and see-through garments are not permitted. Shoes must be worn at all times.
14. REMEMBER! All school rules are in effect, and you are representing our band, school, and our community at all times!!!

**Anyone found in violation of rules #5, #6, #7, or #8 will have a phone call made to their parents and will be sent home at their parents expense.**

## **MEDICATION INSTRUCTIONS**

### **Over-The-Counter (OTC) Medications:**

*All medications, including prescription and over-the-counter medications, must be listed on the student's medical history form.* It is imperative to know every medication your student may have ingested prior to the emergency, including OTC. Authorized over the counter medications may be kept in the student's belongings if they are in the original container. Please note: the parent/guardian accepts full responsibility for their child's ability to safely self-administer the OTC medication at Band Camp and/or on Band Trips. Any over the counter medications not listed below must be approved by the designated medical chaperone prior to storage in the student's luggage.

### **Approved over-the-counter medications:**

Tylenol	Sports rubs (Icy Hot, Ben Gay, etc.)
Ibuprofen (Motrin)	Period relief (Midol)
Naproxen Sodium (Aleve)	Acne cream (Clearasil, etc.)
Allergy medications (Claritin, Zyrtec, etc.)	Vitamins, Iron tablets, etc.

### **Prescription Medications:**

**New this year:** Please include a picture of your child in the zip lock bag so the chaperone dispensing medications will know who your child is. For the health and safety of your student, all medications must be separated into plastic zip lock bags and labeled according to the instructions below. It may help to use a large address label or masking tape on the front of the bag, to make writing easier and more legible.

*When you, the parent/guardian, remove medication from a prescription container and place it into the zip lock bag, you are taking responsibility to insure your student is receiving the proper drug, in the correct dose, at the proper time.* The chaperone dispensing medication may or may not have a medical background and cannot be responsible to check medications for errors. They will simply give your child the bag that you have checked, labeled, and deemed safe for administration.

**Step # 1:**

Break down the daily doses into separate snack sized zip lock bags and label as instructed below (medication taken 3 times per day = 3 snack size bags per day). If student has multiple medications that need to be taken at the same time of day, then consolidate medications into the same snack sized bag, making sure to list each medication's information. On each bag, write:

1. Student's name
2. Day of week (Mon, Tues, etc.)
3. Time of day for administration (ex: AM, NOON, PM, BEDTIME)
4. Medication name and dosage (ex: Amoxicillin 250mg)
5. Special instructions (i.e. - on an empty stomach, etc.)

**Step #2:**

Place all snack sized bags for each day into a quart sized bag. If medication is to be taken all week, then there should be a quart sized bag for each day of the week. Label with:

1. Student's name
2. Day of week (Mon, Tues, etc.)

**Step #3:**

Place all daily quart sized bags (Mon, Tues, etc) into a gallon sized zip lock bag. Label the bag with:

1. Student's name
2. Band Camp or Band Trip dates (ex: July 28<sup>th</sup>-Aug 2<sup>nd</sup> 2008)

**Step #4:**

Parent must deliver properly bagged/labeled medications to the designated medical chaperone on the morning of departure. *Please convey any special instruction in writing and give to medical chaperone.*

**"As Needed" Medications (Inhalers, Epi-Pens, Benedryl, etc.):**

**At the parent's discretion, the student may carry the "as needed" medications with them.** If the parent's prefer the chaperone to give this medication to the student, include them in the zip lock bags with instructions.

**For "As Needed" medications given to chaperone:** Place medication directly into a gallon size zip lock bag and label as follows:

1. PRN (in large letters)
2. Student's name
3. Band Camp or Band Trip dates (ex: July 28<sup>th</sup> – Aug 2<sup>nd</sup>, 2008)
4. Medication name (ex: Albuterol inhaler)
5. Dose (ex: two puffs, waiting one minute in between each puff)
6. Circumstances for use (ex: Susie has exercised induced Asthma as stated on the medical history form. She can use the inhaler up to four times per day.)

# PLEASE RETURN THIS PAGE WITH THE BAND CAMP MEDICAL FORM

Student's Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Parent/Guardian's Full Name: \_\_\_\_\_

Home Phone #: (\_\_\_\_)\_\_\_\_ - \_\_\_\_\_ Parent's Cell # (optional): (\_\_\_\_)\_\_\_\_ - \_\_\_\_\_

## MEDICAL INSTRUCTIONS

I, \_\_\_\_\_, the legal parent/guardian of \_\_\_\_\_, have read the list of approved over-the-counter (OTC) medications and confirm my child is able to safely self administer the OTC medications packed in his/her luggage. I have checked the contents of the OTC medications to ensure the bottle/package contains only the medications stated on the bottle/package label. I ensure that any prescription medications turned in to the designated medical chaperone have been issued in my child's name and prescribed by a physician. I, the parent/guardian, have bagged, labeled, and checked the medications for accuracy. I understand the bagged medications will be passed to my child without being checked for accuracy, even if the parent chaperone is a licensed medical professional.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date

## CODE OF CONDUCT

I understand that my conduct will be subject to the jurisdiction of the Director, the Chaperone Staff and the Camp and that failure to comply with any of the above Code of Conduct will be considered grounds for disciplinary action and could result in being asked to leave camp early and return home at my parents/guardians expense. As part of my discipline for abusing school policies I could be suspended and dropped from the instrumental music program.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

We understand that the above student will be expected to maintain the above Student Code of Conduct and we have reviewed it with him/her. We feel that he/she has the maturity to handle this responsibility and understand that failure to comply with any of the above Code of Conduct will be considered grounds for disciplinary action and could result in my child being asked to leave camp early and return home at our expense. As part of their discipline for abusing school policies it is understood that my child could be suspended and dropped from the instrumental music program.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date